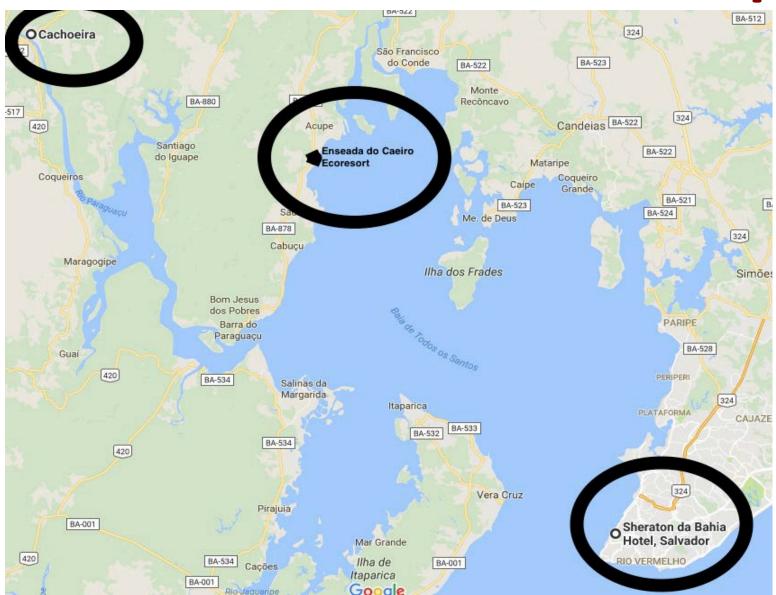




Salvador & Cachoeira Map



Salvador - Bahia - Brazil

Salvador, is the capital of the Brazilian state of Bahia. With 2.9 million people (2013), it is the largest city proper in the Northeast Region and the 3rd-largest city proper in the country, after Sao Paulo and Rio de Janeiro.

Founded by the Portuguese in 1549 as the first capital of Brazil, Salvador is one of the oldest colonial cities in the Americas. A sharp escarpment divides its Lower Town (*Cidade Baixa*) from its Upper Town (*Cidade Alta*) by some 85 meters (279 ft). The *Elevador Lacerda*, Brazil's first elevator, has connected the two since 1873. The Pelourinho district of the upper town, still home to many examples of Portuguese colonial architecture and historical monuments, was named a World Heritage Site by UNESCO in 1985.



Salvador - Bahia - Brazil

The city's cathedral is the see of the primate of Brazil and its Carnival celebration has been reckoned as the largest party in the world. Salvador was the first slave port in the Americas and the African influence of the slaves' descendants makes it a center of Afro-Brazilian culture.

The city is noted for its cuisine, music, and architecture. Porto da Barra Beach in Barra has been named one of the best beaches in the world. Itaipava Arena Fonte Nova was the site of the city's games during the 2014 Brazilian World Cup.

Salvador forms the heart of the *Reconcavo*, Bahia's rich agricultural and industrial maritime district, and continues to be a major Brazilian port. Its metropolitan area, housing 3,953,290 people (2015) forms the wealthiest one in Brazil's Northeast Region.

Sheraton da Bahia Hotel, Salvador (08/13/2017 - 08/14/2017)

Perfectly located in the heart of downtown, the Sheraton da Bahia Hotel, Salvador ensures easy access to the cultural hotspots and corporate offices nearby. The hotel is surrounded by major theaters, including Castro Alves and Vila Velha, and such museums as the Rodin Museum, MAM, the Museum of Sacred Art, and the Art Museum of Bahia (MAB).

Less than 3 kilometers to the northeast is Pelourinho, the colorful historic center of Salvador and a UNESCO World Heritage Site, as well as Lacerda Elevator. To the south are Porto da Barra Beach, the marina, and Farol da Barra Lighthouse. Also nearby are numerous banks and financial companies, the popular Shopping Barra, and Arena Fonte Nova football stadium.

The hotel's 284 guest rooms and suites feature beautiful updated décor and modern technology, including acoustically-designed windows.

Stay connected with wireless High Speed Internet Access at the functional desk with an ergonomic chair, and unwind in front of the 40-inch LED flat screen TV with cable channels. And rest comfortably in the all-white Sheraton Signature Sleep Experience.

Sheraton da Bahia Hotel, Salvador





Day 1 - 08/13/2017

LATAM 3896 @ SSA Airport (10:30am)

The group will arrive around 10:30am, after the plane lands they will go through customs and collect their luggage. ESA staff and will be ready right outside the exit gate welcoming all guests. We expect to leave the airport around 11:30am.

Lunch at Cuco Bistro (12:00pm - 1:30pm)



Cuco Bistro is a charming place that has in its proposal to highlight the best of northeastern culture through their art and cuisine with slight influences of Mediterranean cuisine, seafood, grilled noble meats, homemade pasta, special drinks and juices make up this unusual fusion of flavors that make Cuco a different space in the historic center of Salvador.

Day 1 - 08/13/2017

Afternoon Tour - Essential Salvador (1:30pm - 4:00pm)

Discover the essential sights of Salvador on a half day tour tracing the development of the city from its simple beginnings to the what is now the third largest city in Brazil. After hotel pick up with private Essential Salvador takes you to the mouth of the immense bay and then via elegant tree-lined avenues and bustling city streets to the Pelourinho, a Unesco Heritage site and the largest complex of colonial architecture in the South America. We leave the vehicle at the Municipal Square, by the towering Lacerda Elevator, with great views of the bay stretching out to the lower city, and stroll through the narrow, bustling streets lined with buildings in pastel shades of an age gone by, soaking in the sights and sounds of this vibrant city. We visit the church of São Francisco with its exuberant gold-leafed Baroque interior and the Pelourinho square, the heart of the old town.



Arrive @ Sheraton Bahia (4:30pm)

Check in at the hotel reception. Dinner at 7:00 PM.

Day 2 - 08/14/2017



Full Day Tour* - Quilombo Visit and Tobacco Farm (9:00am – 3:00pm)

*Following by Cachoeira transfer

The group must be ready at the hotel entrance at **8:30am**, in order to leave the hotel on time. Visit to local Quilombo nearby Cachoeira and learn their traditional ways. Meet with community Grio who will welcome the group alongside other locals who will guide the groups with several experiences such as making of manioc flour, making of dende palm oil and use of herbs for medicine. Lunch is prepared by the community and served at the end of the visit. After lunch we leave the community behind and visit another important aspect of Cachoeira's culture and economics. We visit a tobacco farm where we will be able to learn about the sowing, planting, drying and fermentation process of tobacco. We continue to a reforestation area where the group will be able to engage on their "Adopt a Tree" project, which aims to restore the traditional specimens of rainforest on the region. Our tour ends on Dannemann's Cultural Centre where will be able to see cigars being rolled by experts and even try our hands on the craft and make our own cigar (optional).

Arrive @ Enseada do Caeiro Eco Resort (4:30pm)

Check in at the hotel reception. Dinner at 7:00pm.

Enseada do Caeiro Eco Resort, Salvador (08/14/2017 - 08/16/2017)

Architectural design signed by the renowned architect Rui Cores. Caeiro Eco Resort's offers an infrastructure of 30 apartments, providing comfort and security to its guests. Swimming pool with bar, restaurant, hall of events and several leisure options. Everything planned for you to relax, enjoy and have an intimate contact with a nature.



Cachoeira - Bahia - Brazil

- Cachoeira has been declared a National Monument in 1971 and, after Salvador, it is the
 city that concentrates the most important architectonic collection of the baroque style in
 Bahia. Its houses, churches and historic buildings preserve the image of the times when
 Brazil was an empire. At that time, Cachoeira was a rich and populous city. Actually, it
 was one of the most important cities in Brazil during the 17th and 18th centuries.
- During the 19th century, Cachoeira became important for the Brazilian political History. The fights against the Portuguese and the proclamation of Dom Pedro I as the regent are facts that happened there and that, until today, make the inhabitants of Cachoeira very proud. In the empire times, Cachoeira was named "Heroic city". More recently it became important for being a center for the development of the tobacco industry.



Day 3 - 08/15/2017

Boa Morte Celebrations

The Sisterhood of the Boa Morte (Good Death) in Cachoeira, 120 kms. from Salvador, is a society of women which had its beginnings in the senzalas (slaves quarters) where slaves would gather to discuss the news about abolition and pray for the slaves killed in the liberation movement. Once freed, ex-slaves would often form religious associations, sisterhoods and brotherhoods, often using the Catholic church as a vehicle but these associations were really cultural centers whose aims were to free other slaves from captivity and to preserve the traditions handed down verbally from generation to generation. This was the case of the Sisterhood of the Boa Morte. Their aim was to help newly freed slaves to survive in a world where there was no longer a master with his whips and chains.

Reminiscent of secret female societies in Africa, the Sisterhood of the Boa Morte worship the iyá's, the female spirits of the dead. A "good death" (or Boa Morte) was seen as being a proper passage from the material to the spiritual world, no longer a slave. The Boa Morte festival takes place in Cachoeira every August and is deeply syncretized with the Feast of the Assumption of the Virgin Mary. It is perhaps the most important festival in the African Heritage calendar in Bahia and is a living document of African culture and Diaspora to the New World.

Day 3 - 08/15/2017

Boa Morte Celebrations

Itinerary:

Morning (8:30am – 11:00am)

The religious ceremony in the chapel of the Sisterhood followed by procession through the streets of the town with the upright figure of N.S. das Glorias (Assumption). The Sisters are dressed in their full gala clothes of black, white and red. This is the highlight of the celebrations.

Lunch 11:00am – 1:30 pm

Afternoon (2:00pm – 6:00pm)

The Sisters later have their traditional Samba de Roda, a spinning samba only found in the Cachoeira region. This begins late afternoon and subject to confirmation.



Day 3 - 08/15/2017

Lunch @ Santa Cruz Farm (11:00am - 1:00pm)

Perched high on the southern bank of the Paraguacu River valley, this early 20th century spacious home – with ample terrace area set in extensive grounds – provides the best in country cooking of meat, chicken and fish as well as the best views of the valley. Personalized attention by the owners and friendly staff adds to the feeling of having lunch at a friend's house.

Below you will find the menu (upon confirmation) that is usually served:

Starter: Chicken dumpling

Main Dish: Grilled filet mignon, chicken breast, fish

Side dish: Beans, rice, green salad, steamed vegetables, pumpkin purée, deep fried cassava

and mango sauce

Dessert: Mango ice cream or Passion fruit mousse or seasonal fruits







Day 4 - 08/16/2017

Morning – Transfer Cachoeira x Salvador (10:00am – 12:00pm)

The group must be ready at the hotel lobby @ 8:30am

Lunch – Fogo de Chao (12:30pm – 2:30pm)

In 1979, Fogo de Chao began sharing the gaucho way of preparing meat. Today, the gaucho chefs still expertly grill each one of the 15 cuts of meat offered with amazing tableside service. The restaurant also offers gourmet salad bar, authentic Brazilian side dishes, and an award-winning wine list.



Day 4 - 08/16/2017

Afternoon Tour - The Lower City: Another Perspective (3:00pm – 6:00pm)

Complementing the Essential Salvador excursion, the Lower City tour offers another perspective of the sprawling city, taking us to the quiet waters of the Itapagipe Peninsula where life moves at a slower pace than the bustling upper city. Fishermen fish from dug out canoes, locals collect shellfish at low tide, schooners lie at anchor, all protected by the famous Bonfim Church, one of the most important churches of pilgrimage in Brazil and deeply syncretized with the Candomble. (visit). We continue to the Montserrat district with its panoramic view of the city and on to the Mercado Modelo, a thriving market for local artifacts and souvenirs.



Day 4 - 08/16/2017

Evening - Bahia By Night: Dinner and Show by Bale Folclorico da Bahia (6:45pm – 8:55pm)

The Bahia Folklore Company (Bale Folclorico da Bahia) is one of the most respected folklore dance troupes in the world. The company performs in the intimate Miguel Santana Theatre in the Pelourinho in a seamless presentation of the multiple African traditions that underpin Bahian culture. We will see the sacred dances of the Candomble; puxada de rede, a song by fishermen in honor of Yemanja, the goddess of the sea; maculele, an acrobatic stick and sword dance with its origins in the cane fields; capoeira, a martial art/dance of Angolan origin and the samba de roda, a spinning, swirling version of this exuberant national dance. Dinner will be served @ 6:45pm, at Uá Uá restaurant before the show.



Arrive @ Sheraton Bahia (9:30pm)

Check in at the hotel reception.

Sheraton da Bahia Hotel, Salvador (08/16/2017 - 08/17/2017)



Day 5 - 08/17/2017

Morning Tour - Samba Reggae Percussion & Afro-Dance Workshops by Banda Dida (9:00pm – 12:00pm)

The group must be readyy a the hotel lobby @ 8:30 am. Neguinho da Samba was the innovator of the samba—reggae percussive storm that powered the world famous Olodum drumming troupe. He later went on to form the Banda Feminina Dida, the pioneering and now renowned all-women percussion group which. Their performances are a mixture of grace, skill and full on driving percussion. The group has inspiring social program working with underprivileged kids. We visit their premises in the Pelourinho and, under the eyes and ears of instructors; we try our hand at percussion and our steps on their distinctive afro-dance.

Note: Due to the size of the group, we will split the guest into the two activities and then switch classes so every guest may enjoy both workshops. After the tour we will drive back to the hotel and get prepared to flight back home.



Lunch at 13:30 and late check out @ Sheraton Bahia

Day 6 - 08/17/2017

Transfer Out

Guests must be ready at the lobby @ 2:30pm.

Time to say "Good Bye"

Flight LATAM 3989 @ 5:22 pm.





THANK YOU!